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FINAL REPORT: STUDENTS OF HIGHER EDUCATION INSTITUTIONS

1. General

1.1. Project number:

1.2. Student

Name:

Gender:

- Female
 Male

Level of studies

- Bachelor
 Master
 Ph.D.

1.3. Sending (home) school

Country of the sending school:

- Czech Republic
 Iceland
 Liechtenstein
 Norway
 Switzerland

Name of the sending school:

Faculty / department:

Field of studies (ISCED-F code, to be found in the Learning Agreement):

1.4. Receiving school / institution

Country of destination

- Czech Republic
 Iceland
 Liechtenstein

- Norway

Name of the receiving school / institution:

1.5. Mobility period

Type of activity

- Study period
 Traineeship (work placement)
 Study period combined with traineeship (work placement)

Duration of the mobility period (without travel days): fromto (DD/MM/YYYY)

2. Motivation

2.1. What were your main motivations for studying abroad? I wanted:

- To experience different learning contents and/or learning and teaching practices
 To practice / improve a foreign language
 To develop soft skills, such as adaptability or self-reliance
 To enhance my future employability
 To live abroad, to gain knowledge of another country and to meet new people
 To build up a personal and professional network
 Other (please, specify):

2.2. Have you already participated in an exchange / mobility programme?

- No
 Yes, in Erasmus+
 Yes, in other programmes (please, specify):

3. Overall satisfaction

3.1. How satisfied were you with the support provided by your sending institution?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied
Administrative support arrangement					
Academic mentoring / supervision during traineeship					

Help with personal needs and problems					
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3.2. How satisfied were you with the support provided by your receiving institution?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied
Administrative support arrangement					
Academic mentoring / supervision during traineeship					
Help with personal needs and problems					

3.3. Were you satisfied with the quality of learning and teaching at the receiving institution?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
Quality of courses' content						
Quality of teaching methods						
Quality of received learning support (such as study materials, etc.)						

3.4. How satisfied are you with your EEA Grants mobility experience in general?

Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied

4. Skills and competences

4.1. Have you improved your knowledge and skills?

- Yes
- No
- I don't know

4.2. Through my stay abroad with EEA Grants, I learned better how to...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
Think logically and draw conclusions					
Find solutions in difficult or challenging contexts					
Plan and organise tasks and activities, including learning					
Develop an idea and put it into practice					
See the value of different cultures					
Express myself creatively					
Cooperate in teams					

4.3. After having taken part in this mobility activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
I am more confident and convinced of my abilities					
I intend to participate more actively in social and political life of my community					

I am better equipped to adapt to and act in new situations					
I am better equipped to think critically and analyse					
I am more open-minded and curious about new challenges					
I am better equipped to cooperate with people from other backgrounds and cultures					
I am more interested in knowing what is happening in the world currently					
I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights					
I have increased my sector- or field-specific skills					

4.4. Thanks to this stay abroad with the EEA Grants...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
I believe that my academic competences have increased					
I have a clearer idea about my professional career aspirations and goals					
I can easily imagine working abroad at some point in the future					

5. Costs

5.1. To what extent did the support from the EEA Grants cover your overall expenses related to your mobility?

- 0 – 25 %

- 26 – 50 %
- 51 – 75 %
- 76 – 100 %

6. Summary of the mobility

6.1. What was the most important benefit for you? What did you enjoy most?

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6.2. Do you have any concerns, comments or recommendations regarding the mobility? What could be improved?

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7. GDPR declaration

I confirm that I have read the Principles of Personal Data Protection and EEA Grants Notification available at https://www.dzs.cz/en/about-dzs/gdpr_en/